

[View this email in your browser](#)



WELCOME

What is AHF Together?

In these uncertain times, AHF teams are coming together in beautiful ways. We've created a weekly series to celebrate the radical cooperation going on in our organization, highlight teams going above and beyond, provide moments of inspiration and calm, share helpful resources, and more.

Whether you're fighting on the frontlines of this pandemic or working behind the scenes, AHF is here for you. Thank you for all your hard work.

Together, we are AHF.

MESSAGES FROM OUR STAFF

Thank You Pharmacy Service Liaison Drivers!

A video thumbnail showing a man in a suit sitting at a desk in front of a world map. The map has a play button icon in the center. To the left of the map is a vertical strip of photos of people. Above the map, the words "THANK YOU" are written in large, white, block letters. The "AHF together" logo is in the top left corner of the video frame.

Every week we'll be sharing messages of support, gratitude, and strength from AHF staff.

This week we took a moment to thank our Pharmacy Services Liaison's who are delivering medication to patients so they can stay safely at home. Thank you PSL's for all your hard work!

MOMENT OF CALM

An image showing two smartphones displaying the Calm app interface. The phone on the left shows a "Meditation" screen with a sunset background and a "21 Days of Calm" button. The phone on the right shows a "Daily Calm" screen with a mountain landscape background and a "Daily Calm April 8 - Monday" notification. The Calm logo is on the left side of the image.

Every week we'll be sharing resources to help manage stress, motivate, inspire, or simply bring joy.

This week, we're recommending the Calm App; a phone app with guided meditations to reduce stress, anxiety, insomnia, and more. We could all use a little bit of calm in these turbulent times.

more. We could all use a little bit of calm in these turbulent times. Whether you're going into work or working from home, this app can help you manage the added pressures life is throwing at us right now.

This is a 'freemium' model, with free users getting access to some content and paid users getting access to more options. We recommend trying the free version before you pay! [Click here to learn more.](#)

WORK-IN?



Join Us for an "Achieving Health and Fitness" Live Stream Work-In

With social distancing orders and gyms closed across the country, don't work out, work-in! AHF's Achieving Health and Fitness Wellness program is here for you. "Work-In" with Innovator Law Collin's! Join our FREE live stream workout classes for all AHF employees.

[Class Schedule](#)

Monday | Wednesday | Friday

Beginning Classes: 8:00 - 8:25 am PT & 5:00 - 5:25 pm PT
Intermediate Classes: 8:30 - 8:55 am PT & 5:30 - 5:55 pm PT
*Or take two in a row if you're advanced!

[Log on to the AHF Fitness Instagram to Join](#)

COVID-19 EMPLOYEE RESOURCE GUIDE

The news around COVID-19 is changing rapidly. With local quarantines and lockdowns, we want to keep all AHF staff up-to-date with the latest developments from each business line.

To do so, we've created a COVID-19 Employee Resource Guide at ahf.org/employee-precautions that will house all AHF COVID-19 related news, important forms, and more.

[That means you can check here to see FAQs on COVID-19 and your business line, download up-to-date in-take forms for patients, learn what to do in case of employee exposure, and more.](#)

[Click Here For the COVID-19 Resource Guide](#)

AHF TOGETHER ARCHIVE

**Find all the content we've shared and more at the
AHF Together Archive.**

[Click Here to View](#)

AIDS Healthcare Foundation
6255 Sunset Blvd.
21st Floor
Los Angeles, CA 90028
United States

[Click here to unsubscribe](#)

[View this email in your browser](#)



WELCOME

Our New Weekly Series

Welcome to the second installment of the AHF Together series. If you missed the first one, we're starting a weekly series to bring staff together in these uncertain times. Here, we'll be sharing stories of radical cooperation, teams going above and beyond, helpful resources, and more.

Whether you're fighting on the frontlines of this pandemic or working behind the scenes, AHF is here for you. Thank you for all your hard work.

Together, we are AHF.

MESSAGES FROM OUR STAFF

A Special Message from AHF Leadership

A video thumbnail showing a woman in a black and white patterned top speaking. The text 'THANK YOU' is overlaid in large, white, block letters. In the bottom right corner of the video frame, there is a small inset photo of a man and the 'AHF together' logo.

Every week we'll be sharing messages of support, gratitude, and strength from AHF staff.

This week AHF Leadership and other departments took a moment to say thank you for all of our staff's hard work in this time of crisis. Your dedication has not gone unnoticed.

MOMENT OF INSPIRATION

AHF Affiliates Go Above and Beyond Providing Meals to Those in Need

A photograph of two staff members in a kitchen. A man in a white apron is standing behind a counter, and a woman in a blue shirt and white apron is smiling at the camera. They are surrounded by brown paper bags and food items on the counter. A sign on the wall in the background says 'FOOD SAFETY'.

New York-based AHF Affiliates, [Iris House](#) and [ACQC](#), have been working diligently to make sure their clients, and those most in need, don't go hungry.

Iris House has stepped up its lunch distribution program in response to the shuttering of other social service agencies during the coronavirus crisis. On a typical weekday, the group serves between 40 and 50 lunches, but on Tuesday, April 1, 62 people turned out at Iris House to pick up carry-out lunches. [Read more about their efforts here.](#)

The ACQC staff has been instrumental in delivering pantry bags to homebound clients throughout the five boroughs of New York and to the community of Jamaica, Queens. Under the leadership of Rosemary Lopez, Executive Director of ACQC, the outreach team has delivered 300 pantry bags and 100 boxes of food donated by FreshDirect to those in need. [Read about ACQC's services here.](#)

WORK-IN?



Work-In With Professional Body Builder Raif Derazzi

With social distancing orders and gyms closed across the country, don't work out, work-in! AHF is partnering with professional bodybuilder Raif Derazzi to bring you live-stream "work-in" classes. All of Raif's classes can easily be done at home!

Raif will host workouts every Tuesday and Saturday at 8:00am PT. To join, follow the [AHF Instagram page](#) and tune in at 8:00 am PT to follow along with Raif!

[Click Here to Follow AHF on Instagram](#)

COVID-19 EMPLOYEE RESOURCE GUIDE

The news around COVID-19 is changing rapidly. With local quarantines and lockdowns, we want to keep all AHF staff up-to-date with the latest developments from each business line.

To do so, we've created a COVID-19 Employee Resource Guide at ahf.org/employee-precautions that will house all AHF COVID-19 related news, important forms, and more.

[That means you can check here to see FAQs on COVID-19 and your business line, download up-to-date in-take forms for patients, learn what to do in case of employee exposure, and more.](#)

[Click Here For the COVID-19 Resource Guide](#)

AHF TOGETHER ARCHIVE

**Find all the content we've shared and more at the
AHF Together Archive.**

[Click Here to View](#)

[View this email in your browser](#)



WELCOME

We Want to Hear From You.

In these uncertain times, AHF teams are coming together in beautiful ways. If you're new to this series, we'll be sharing stories of teams going above and beyond, helpful resources, and more.

And we want to highlight you. If you think your teammates and coworkers deserve to be recognized, send us a story of how they're going above and beyond (with a photo) and they could be included in one of our messages. Send your stories to feedback@aidshhealth.org.

SPECIAL OFFER

The graphic has a red background on the left with the text "PIZZA on US" in white. On the right, a pizza is shown on a blue background, cut into eight slices.

Your well-being during this crisis is AHF's highest priority.

That's why we've partnered with Dominos to bring you a FREE pizza once a week. That's right, for a limited time, you can order a large cheese or pepperoni pizza, free of charge, through AHF's Pizza On Us Program.

Employees are eligible to place orders 24 hours before the public.

Every Monday at 8:00 am PT you can place an order for a pizza. We can only give out a limited number of pizzas so we'll keep orders open as long as supplies last. You can only place ONE order for a pizza. Duplicate orders from employees will be deleted.

Go to ahf.org/dominos to place an order for your pizza. Pizzas will be delivered within a week of your order being placed.

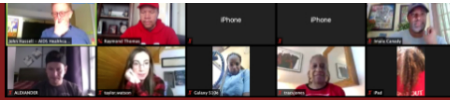
Follow the link below to see rules and restrictions and place your order today.

[Click Here to Order Your FREE Pizza Now](#)

STAFF NEWS

AHF Advocacy Inspires Action Virtually

A grid of 15 small video call thumbnails showing various staff members in a virtual meeting. Some names are visible at the bottom of the thumbnails, such as "Jessica Ruvatsika".



As lockdown orders persist across the country, our AHF Advocacy team of mobilizers aren't taking time off.

Even though large gatherings have been banned across the country, our mobilizers have still found ways to join together to make a difference. They've moved AHF advocacy actions to a digital platform and are taking Twitter by storm. They recently held a virtual Twitter protest to call out the greed of the Pharmacy Benefit Manager system and saw overwhelming results.

Using hashtags and virtual organizing to post en masse, the team of 38 mobilizers posted 5,000 tweets and got almost 2 million impressions. The momentum gathered from this demonstration shows AHF Advocacy's commitment to action even in these uncertain times. Due to the success of these virtual demonstrations, our advocacy team will continue to organize Twitter rallies throughout lockdown and well into the future.

WORK-IN?



"Work-In" With Innovator JD Dawson

We've added a new trainer and set of classes to our "work-in" series. Join Innovator James "JD" Dawson for live stream "work-in" classes every Tuesday and Thursday. These new classes are in addition to our continued live stream classes with Law Collins and Raif Derrazi. All classes are FREE just follow [AHF Fitness](#) on Instagram and tune into the live stream!

[Innovate with JD](#)

Tuesday | Thursday

Beginning Classes: 8:00 - 8:25 am PT & 5:00 - 5:25 pm PT

Intermediate Classes: 8:30 - 8:55 am PT & 5:30 - 5:55 pm PT

*Or take two in a row if you're advanced!

[Log on to the AHF Fitness Instagram to Join](#)

EMPLOYEE RESOURCES

Every week we'll be sharing helpful resources for AHF Employees.

COVID-19 Employee Resource Guide: To keep you updated on the latest AHF COVID-19 policies and guidelines, we've created an Employee Resource Guide at ahf.org/employee-precautions that will house all AHF COVID-19 related news, important forms, and more.

Learn How to Use Your AHFU Dashboard: Are you an AHF Manager? Learn how to use the AHFU "My Team Dashboard" to manage your team's learning assignments. To learn how to use the dashboard join our 20-minute demonstration on Thursday, April 23rd at 10:00 am PT. [Click here for more information.](#)

[View this email in your browser](#)



WELCOME

Thank you for sharing.

We're on our fifth installment of the AHF Together series, and the stories we've heard of employees going above and beyond are truly amazing.

Thank you for engaging with us, reading these emails, sending in staff stories, and coming together (virtually). If you have a story you want to share or staff you'd like to highlight, we're still taking submission at feedback@ahshealth.org.

STAFF NEWS

Dallas Cedar Springs Pharmacy Staff Shines

Last week, we asked you to share your stories of colleagues going above and beyond during this crisis. We received a heartfelt shout out for the AHF Pharmacy team in Dallas Cedar Springs:

"During this time where many companies have allowed some employees to work from home due to this COVID-19 pandemic, there are those of us who's jobs cannot be done from home. A group of those individuals is pharmacies.

We are on the front line working hard for our customers and our company. Some of us have fears that we swallow every day before coming into work. We are always here serving our customers with smiles and laughter while keeping each other lifted. We have worked countless hours filling medications in advance and shipping them out so that they do not have to leave the comfort and safety of their homes.

Our courier, Daniel has done an amazing job taking on new customers who have chosen to have their medications delivered. Our team consists of Pharmacy Manager: Gopal, Tech: Shanice, Tech: Davetta, Tech: Selena, Tech: Ladonte, Float Tech: Julio and Float Pharmacist: Kim."

- Davetta Garrett

Great job Dallas Cedar Springs Pharmacy Team!

MOMENT OF INSPIRATION

AHF Helps Community Partner Deliver Laptops to Students in Need



AHF's longtime LA-based community partner, Brotherhood Crusade, is actively raising funds to support the most at risk and under-served communities who are being adversely affected by the COVID-19 pandemic.

With assistance from AHF, they were able to provide their community with basic living, academic, and household needs.

Bremond Weaver, a representative from the Brotherhood Crusade said, "Thanks to our partner AHF, Brotherhood Crusade will be able to continue our outreach to the most vulnerable communities who we serve and who need us now more than ever. We are deeply grateful to AHF for answering the call and lending a helping hand to ensure the communities we serve have a chance to make it through this pandemic safely and beyond."

Take a look at youth from the Brotherhood Crusade YouthSource Center receiving laptops to attend classes and continue their education from home.

WORK-IN?



Missed a Work-In With Raif?

We've got you covered.

Award-winning bodybuilder Raif Derrazi has been leading live stream work-ins on AHF's Instagram. If you missed one of his classes, don't worry! You can work-in at your own pace and on your own timetable with our YouTube playlists. All of our past live-stream classes have been uploaded to YouTube.

[Click here to see all of Raif's past live-stream classes.](#)

EMPLOYEE RESOURCES

Helpful Tips, Tools, and More from our Learning and Development Team



In collaboration with AHF's Learning and Development team, we're happy to bring you these helpful resources.

Humans have been coming up with ways to give constructive criticism for centuries, but somehow, we're still pretty terrible at it. Try this Ted Talk on giving feedback from their series "The

Way We Work." Cognitive psychologist LeeAnn Renninger shares a scientifically proven method for giving effective feedback. [Click here to watch.](#)

And if you're working from home, try this checklist for [running more effective virtual team meetings from the training organization Leadership Essentials](#). They've compiled a helpful list of tools and tips that will help you organize your meetings. [Click here to view the checklist.](#)

AHF TOGETHER ARCHIVE

Find all the content we've shared and more at the AHF Together Archive.

[Click Here to View](#)

AIDS Healthcare Foundation
6255 Sunset Blvd.
21st Floor
Los Angeles, CA 90028
United States

[Click here to unsubscribe](#)